


| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|-----------|---|--|---|
|  | <p>Live Music! Saturday Feb. 20th 11:30am till 1:30 & 3pm to 4pm</p> <p>On Saturday, Feb. 20th, we have a great opportunity to once again, present Kathryn Twinfeathers, who will be performing at SpiritsChild. There will be no charge for this event, come relax and enjoy the soothing sounds of the Native the flute.</p> | | | <p>4</p> <p>Morning Meditation 10:30am—11:30am \$10</p> | <p>5</p> | <p>6</p> |
| <p>7</p> <p>CFSL Church Service 10am—11am</p> | <p>8</p> | <p>9</p> | <p>10</p> | <p>11</p> <p>Morning Meditation 10:30am—11:30am \$10</p> | <p>12</p> | <p>13</p> <p>Energizing Your Heart 10am—11am—Free</p> <p>Treatments Available Noon to 4pm</p> |
|  <p>CFSL Church Service 10am—11am</p> <p>Sacred Heart 2pm—4pm—Don. \$20</p> | <p>15</p> | <p>16</p>  | <p>17</p> | <p>18</p> <p>Morning Meditation 10:30am—11:30am \$10</p> | <p>19</p> <p>Live Music! Saturday Feb. 20th 11:30am till 1:30 & 3pm to 4pm</p>  | <p>20</p> <p>Animal Communication 10am—Noon —\$30</p> <p>Pendulum Workshop 1pm—3pm \$22</p> |
| <p>21</p> <p>CFSL Church Service 10am—11am</p> | <p>22</p> | <p>23</p> <p>Communication in Relationships 7pm to 9pm \$70 per couple</p> | <p>24</p> | <p>25</p> <p>Morning Meditation 10:30am—11:30am \$10</p> | <p>26</p> | <p>27</p> <p>Reiki Level 1 9:30am—6pm \$77</p> |
| <p>28</p> <p>CFSL Church Service 10am—11am</p>  | <p>National Henna Tattoo Artist Comes to SpiritsChild!!! Coming March 17th</p> <p>Renu Lal, a Sacramento, CA. Mehndi (as it is known in India) artist, was born and raised in New Delhi, India and began practicing henna on family, friends and neighbors as a young child. Renu is a teacher by training, but her talent in Mehndi/henna has kept her occupied. Voted the "Best of Body Art" in the Sacramento News and Review, Renu does all her designs free hand and can complete practically any design that her clients would like. Her expertise is in traditional Hindu, tribal, and Celtic symbolism. Renu is well versed in the customary wedding motifs and has traveled to other states to provide this personal and spiritual ritual.</p> | | | | | |