



The Angels of the New Light

As the Doorway Closes

Channeled by Aitreyia

This past year has been a great one for change....many of you have experienced challenges that brought about a tremendous clearing of ways of the past. You were confronted with the opportunity to look at your life and make choices on changes that were necessary to bring you back into balance with who you are and your spirits design or spiritual path.

Now that the clearing is complete or almost complete for most of you, it is time to move through the doorway into living to what the future is to be. One of ease, prosperity and the flow of spirit. This is the first wave to take place of many, throughout the next decade or two. You are to bring forth the future in all that you are and all that you do.....You are show the way and it is important to hold to this energy, to the new ways.....

There are others who are not meant to move through the doorway

at this time and must complete their work. Show compassion for those who choose to still struggle with the challenges of the third dimensional reality and in time, they too will move through the doorway.

What is so momentous about this event is that this is the first wave of energies that will help to change the consciousness of humanity. Spirit is asking you to hold this energy from now, throughout the rest of your lives. It is the Future of this reality. As you hold this energy, it will begin to soften the consciousness of humanity, thus allowing a gentle, peaceful change for humanity. You are to show people that life can be easy, life can happy and joyous. Remember you are the pioneers of the future, you are the way of the future...

We invite you to move through the doorway with us.....Much Love and Light.....

ANGELS OF THE "NEW LIGHT"

Tools For Extraordinary Living

Sunday, September 20th

2pm to 4pm

Extraordinary Living Today

This day and age of grand Spiritual openings has made so many wonderful tools available that go beyond our mind's ability to create solutions. The energies of higher consciousness and the application of spiritual principles lead us out of the ordinary life.

How many of you have a person or two you have to deal with that just seem impossible, despite your best efforts at an ego-personality level you cannot find common ground? One of the best ways to approach such difficulty is to work at the level of higher-self. Problems are solved at the level above their creation.

The other day I had to return a call from someone who from my point of

view is quite demanding, will not take no for an answer, and makes me wrong if I disagree, including complaining to others about me. After spending a good bit of time in preparation, asking my higher-self to do it with me from a heart space, the call was amazingly different.

When I returned the call that person accepted my no to what was requested, and keep on talking without any fuss, something that never happened before.

Here are instructions for such a simple, but effective tool. You can first prepare yourself by finding your own center and access the love in your heart. You can think of an object or person that you love if need be.

(con't pg. 2)

Tools for extraordinary Living (con't)

From that space you can go up and over to the other person's higher-self. You can ask for the outcome you want and the cooperation to get there, always with the caveat that what is best for the highest good of all happen. You need to listen to your own guides or the other person's higher-self as well to hear what you might need to do to help change the situation. The more you access the energy of higher consciousness in this process, the more successful you can be.

Another way to create a better life is to practice the spiritual principle of acceptance of everything that happens. How do people accept the death of a loved one at another's hand while others in the same situation live in the hatred and bitterness for the rest of their lives?

Take a moment to remember one thing in your life that you have fully accepted even though you did not want to. How did you do that? What did you feel like after doing it? I spent so much time in

resistance to what had happened and trying to change it because my ego felt I always knew how things should have been.

Ask yourself what you would have to feel if you were to accept something you do not like? Perhaps you would feel inadequate, taken advantage of, unloved, betrayed, and unfulfilled? It is actually resisting feeling those feelings that keep you from acceptance. Instead try feeling the feelings, let them lead you to the next step, and then see how free you feel from accepting what you previously resisted.

Rev. Janice Thomas, MA 520-877-5039 sacredjourney@earthlink.net

DATE: Sunday Sept. 20 **TIME:** 2 to 4 pm
PLACE: SPIRITS CHILD - New Location
(S.E. Corner of Thornydale & Orange Grove #120)
FEE: Donation (suggested \$20)
RSVP: CALL 877-5039 or
email sacredjourney@earthlink.net

GIGI Returns to SpiritsChild!

About Psychic Counselor Gigi: Available for private readings

Gigi, is a born intuitive and energy worker specializes in relationships of all kinds working with couples, teens, families and individuals. Her skills are invaluable in helping you to find your own spiritual direction, to fulfill your greatest potential and to create your life path more successfully. This is paramount at this time as we move closer to humanity's shift in consciousness and awakening to new paradigms.

Gigi travels extensively, teaching workshops and classes and offering individual readings. Her natural intuitive channeling abilities combined with her clairvoyant talents and Tarot mastery make her one of the country's top Psychics. Her gentle Spirit has a calming effect on her many of clients across the USA.

Of course, having lived in Tucson for 5 years, she also has her heart in Tucson where she continues to collaborate with **SpiritsChild**, one of her favorite Metaphysical stores.

Two Great Workshops With GiGi RSVP 744-4402 \$30 per class

Archangels & the Angelic Realm Workshop

Have you ever wanted to find a easy way to communicate more clearly with your Angels and the Archangels? Looking to develop and expand your own intuition? Come Join Psychic Counselor Gigi at Spiritschild for a fun, informative and interactive class. We will work with the Archangels and the Angelic Realm. The class consists of part lecture and part hands on, enhancing your own connection with the use of "Doreen Virtues" Archangel deck. We will be sharing mini readings towards the end of the class. Please bring your Archangel deck and your energy!!

Sat. 19th from 10am to Noon

"THE MYSTERIES OF THE TAROT" WORKSHOP

This Tarot class will help you to enhance your natural psychic ability through the use of an ancient technique. You will gain insight of your own as well as clarity through readings. This class consists of part lecture and part hands, sharing mini readings towards the end of the class. Please bring your own Tarot deck.. the more generic the better if your a beginner.

Sat. 26th from 1pm to 3pm



SpiritsChild Welcomes back

Buddhist Meditation

With Gen Kelsang Lingpur

Why Meditate? Normally we seek happiness outside ourselves. We try to obtain better material conditions, a better job, higher social status, and so forth. But no matter how successful we are in improving our external situation, we still experience many problems and much dissatisfaction. We never experience pure, lasting happiness. This shows us that we should not seek happiness outside ourselves but (con't. pg 3)

Psychic counselor,
Gigi



Is coming to Spiritschild to facilitate workshops, offer private readings and share with you what she and the spiritual guides know about these exciting changing times we are in and co-creating. She will be offering an Archangel card reading workshop as well as a Tarot card reading workshop.

GiGi Will be in Tucson most of Sept. and a few days in Oct.

Call 990-5937 to schedule your own private session
Half hour: \$50 One Hour: \$85



SPIRITSCHILD

*EXPLORE! EXPERIENCE!
CONTINUE THE JORNEY
WITH SPIRITSCHILD
In Love & Light
Aitreyia, Acoma, Yazdi*

3870 W. River Road
SUITE # 120 (s.e. corner of Thornydale & Orange Grove)
TUCSON, AZ 85741
Phone: (520) 744-4402
www.spiritschild.com
Email: spiritschild@msn.com

Buddhist Meditation (con't)

instead establish it within by purifying and controlling our mind through sincere spiritual practice. If we train in this way we can ensure that our mind remains calm and happy all the time. Then, no matter how difficult our external circumstances may be, we will always be happy and peaceful.

Training the Mind in Seven Points

Geshe Kelsang Gyatso's book, Universal Compassion, is based on a famous Buddhist poem, Training the Mind in Seven Points. In classes drawn from this book, Gen Lingpur will show how true mental freedom and lasting happiness can be achieved by transforming our mind.

The fundamental insight underlying this is that the world we experience is a reflection of our mind and so if we want to experience the world in a positive way we need to develop a positive mind.

The supremely positive mind is universal compassion, which is devel-

oped using the special meditations in this book.

As we gradually replace our habitual self-cherishing with a genuine cherishing of others, we find our powers of transformation increase. Eventually we reach the point where we can transform any situation, however unpleasant, into a positive experience and an opportunity to make progress in our spiritual development.

Northwest Tucson

Spirits Child (Bi-weekly)
SE corner of Orange Grove &
Thornycroft

Classes offered bi-weekly beginning Sept. 9

Wednesdays, 6:30 pm
9/9, 9/23, 10/7, 10/21,
11/4, 11/18, 12/2

\$10 per class, or 5-class card for \$40
Everyone welcome. Drop by for any
class. No registration required.



Tara Mahayana Buddhist Center is located in Tucson near Broadway and Campbell. Open to everyone, the Center offers meditation classes, a variety of introductory and in-depth courses, chanted prayers, and retreats.

Tara Center was founded by Venerable Geshe Kelsang Gyatso in 2002 and is a member of the New Kadampa Tradition - International Kadampa Buddhist Union (KMC-IKBU), a global network of over one thousand Centers and groups around the world. Classes in Buddhism and meditation are also offered in Northwest Tucson and Green Valley.

Angelic Healing Level 1

Angelic Energy - Is where the facilitator and the client are actively working with the angels and their guides in the healing and/or removal of disruptive energies. This brings into the client's being more positive and sustainable energies.

This form of healing work allows a person to consciously participate in their healing process and is strongly guided by our spirit guides.

It gives the facilitator a more conscious understanding of how and why blocks of energy are formed in the being and the tools in which to assist in the removal of these blocks. There is a \$10 discount per class for taking both classes (with final class payment) Both classes are filling fast so rsvp...744-4402

Angelic Healing Level 1 Sunday, Sept. 13th &
Wednesday, Sept. 23 9am to 5:30pm \$77

Reiki Level 1

Reiki Level 1 - Reiki is an ancient Oriental form of working with the energy flows of the mind, body and spirit to assist in the healing of the being. The facilitator's allow themselves to be open vessels and a clear channel for the energy. The energy moves freely from the facilitator into the client and flows to where it needs to go. It is a gentle, non-invasive form of healing energy.

Reiki Level 1 Wednesday, Sept. 16th



Tarot Readings &
Dowsing Sessions are
Now available at
SpiritsChild.....



Pendulum Dowsing

The History of Pendulum Dowsing

Like most things of a mystical nature it all started with ancient peoples, primitive cave drawings of a man dowsing with a twig have been dated to be 8,000 years old. The ancient Egyptians provide the first recorded evidence of using a pendulum is on a drawing dated at 4,000 years old and they used them as a means of spiritual healing the same as we do today. Unfortunately much of what they knew about dowsing as with the use of color for healing has been lost and is yet to be rediscovered. The bible makes many references to dowsing plus a warning about its use, which is why many religious groups are not happy with its use under any circumstances. The ability to dowse is mainly associated with finding water or in mining exploration, its use for that purpose became common during the middle ages and it still used for that purpose today. (cont. pg 4)

On Staff at SpiritsChild - Tarot Reader & Dowser

Jill Plevell recently joined the staff at Spirit's Child. Jill is a clairvoyant who has worked for twenty years with the Tarot, a method of divination. She also has extensive training with dowsing.

Call 744-4402 to Schedule your appointment today

Benefits of Massage by Diane Martinez, L.M.T

Massage has been around for thousands of years in many cultures around the world. Body workers over time have developed many techniques of bodywork that are in use today. Some people see it as a luxury instead of a health or healing benefit. In this busy world, we don't have time to think twice about the true benefits of massage. It's more like your in, your relaxed, then your out back into the real world.

Stress is the number one factor of disease, especially in this busy world. It's not only emotional stress, but a combination of stresses such as poor diet and posture, certain medications, money issues, traffic, air, and general surroundings. When people finally give in to getting a massage, they finally let the physical affects come into play by reducing the stress. What I mean by reducing stress, it calms down the adrenals that over-produce cortisone when the body is under stress. When this chemical is over-produced in the bloodstream, it changes

the all body's systems as a whole. For example, some people who are constantly under stress can be hungry more often. This can lead to weight problems. If food isn't the problem, it can affect hormone changes in the body that can also lead to weight problems.

Massage is a very important need as a human-being because we need touch. It's needed as much as food and water for survival. Without touch people tend to feel detached in some way. This can lead to many physical and mental dysfunctions, even death. Since massage has been around for thousands years, that goes to show that it is much needed for us as a people to heal.

Massage is generally used to relax or relieve stress and tension. The more often people receive massage, the greater the benefit. When the body gets used to a massage routine, the body then responds quicker each time it receives one. It tells the body it's okay to relax and let go which allows the body to heal

itself. The many benefits of massage include:

1. Increased circulation of oxygen and nutrients into the tissues and vital organs
2. Increased immunity by stimulating lymph flow and lymph nodes to release cells that fight cancer and other diseases
3. Removes metabolic waste from skin tissues
4. In some cases, helps reduce weight caused by stress. In other cases, helps weight-gain for lost weight due to stress
5. Reducing stress that may cause diseases in the systems of the Cardiovascular, Endocrine, Respiratory, etc.
6. Reduces tension to unblock body's energy flow or qi
7. Releases the 'feel-good' endorphins to help manage pain, especially chronic pain
8. Speeds up the healing process at any level
9. Creates the feelings of being whole, centered, connected and loved

Now Practicing at SpiritsChild

Diane is a natural-born empath who was born in Globe, AZ and has resided in Arizona all her life. She has been a licensed massage therapist for four years now. She graduated in 2005 from Apollo College in Tucson, AZ. Diane provides different types of massage to meet the individual needs of her clients. They include: Lymph, Deep-Tissue, Sports, Pregnancy, Swedish and some energy balancing. She has a special interest in energy work and is currently working towards her Craniosacral certifications. Diane plans to continue learning and mastering many types of energy work and body work as well. Her main goal is to specialize in Neurological conditions such as Multiple Sclerosis and Fibromyalgia. She understands and sympathizes with the frustrations of those who struggle to find relief. Her hobbies include jewelry-making, sight-seeing, reading, playing sports and loves being a mom. Call 205-2507 to Schedule your Treatment today

(Dowsing con't.)

Dowsers have also used pendulum dowsing to find missing keys, eyeglasses, jewelry, and literally anything they put their minds to.

Pendulum dowsing has also been called "divining" for its ability to provide information and predict the future. The term "pendulum dowsing" is often used to refer to the search for specific targets, while the term "pendulum divining" is most often used in reference to seeking precise information.

Pendulums

There are many claims as to the use and purpose of a pendulum such as; testing food, locating lost objects, missing persons or pets, spirituality information, and personal decision making. There are claims that it can

predict the future and bring about an enlightenment to acquire knowledge beyond the scope of the normal human senses. If used correctly it can do many of the above but there are also pitfalls and limitations especially when using it as a means of divination to predict the future.

Choosing the Right Pendulum

There are many different types of pendulums, some can be used for healing such as a green aventurine or programmed for a specific purpose such as pink rose quartz for questions of the heart or amethyst for clearing.

Today dowsers also use the pendulum to:

TEST FOR -- allergies; the quality and freshness of food and water; chemicals, pesticides or bacteria in food, etc.

DETERMINE -- compatibility

between people, places and things; health of plants and animals; counterfeit or authentic items; honesty or fairness, etc.

Accurate divination system

Pendulum dowsing serves as an accurate divination system. In fact, of all divination systems, the Diamond Pendulum is perhaps the simplest, clearest, fastest and most accurate divination tool available.

Everyone can benefit from knowing what lies ahead. Pendulums have been used for divination for centuries and are well known for their dowsing ability to locate resources of any kind.

In today's world, it is comforting to know that you can rely on a divination system with confidence.